

MERSEA BARNs

Breakfast Menu

9am – 11:30am

Mains

Barns Breakfast 14.50

Butcher's sausage, 2 rashers of bacon, 2 eggs, hash brown, mushrooms, tomatoes, baked beans, toast
Add black pudding | £1.50

Vegetarian Breakfast V, VGO 14.50

Mersea Barns bubble & squeak, 2 eggs, hash brown, mushrooms, tomatoes, baked beans, avocado, toast

Mushrooms on Toast V, VGO 12.00

Mushrooms in garlic butter, toasted sourdough, fried egg & crispy onion

Spicy Avocado on Toast V, VGO, GFO 12.00

With roasted vine cherry tomatoes, rocket & balsamic dressing on toasted sourdough

Shakshuka V, VGO, GFO 12.50

Eggs poached in a spiced tomato & pepper sauce, spinach & onions. Served with white toast
Add chorizo | £2 Add feta | £2.50

French Toast & Berries V 10.00

Cinnamon sugar brioche, mixed berry compote & yoghurt

French Toast, Smoky Bacon & Syrup 11.00

Cinnamon sugar brioche, 2 rashers of smoky bacon & Mersea Barns syrup

Eggs on Toast V, GFO 8.00

Poached, fried or scrambled on white or granary toast or sourdough

Breakfast Sandwiches

On white, granary, sourdough bread or white bap

Fried Egg Sandwich V, GFO 7.50

Bacon Sandwich GFO 8.50

Sausage Sandwich 8.50

Extras

Sausage 2.00

2 rashers of bacon 2.00

Fried, poached or scrambled egg 1.75

Spicy avocado 2.00

Feta 2.50

Chorizo 2.00

Black pudding 1.50

2 Hash browns 1.50

⚠ Food Allergies & Intolerances

Please inform a member of our team of any allergies before placing your order.

While we take every precaution to prevent cross-contamination, our kitchen handles nuts, gluten, and dairy. A full list of allergens for every dish is available upon request.

V Vegetarian | VG Vegan | VGO Vegan option available
GF Gluten-Free | GFO Gluten-Free option available
Gluten-Free bread available

Wi-Fi: MB-Guest Password: mbguest3384

