MERSEA BARNS

Lunch Menu

12 pm– 3.30pm

Brunch

Barns Breakfast **14.50**

Butcher's sausage, 2 rashers of bacon, 2 eggs, hash brown, mushrooms, tomatoes, baked beans, toast
Add black pudding | £1.50

Vegetarian Breakfast V, VGO **14.50**

Mersea Barns bubble & squeak, 2 eggs, hash brown, mushrooms, tomatoes, baked beans, avocado, toast

Lighter Bites

Soup VG GFO **8.00**

Soup of the day with bloomer bread

Vegetable Fritters V **10.00**

Seasonal fritters with feta, lemon & herb yoghurt, pea shoots

Ham Hock Sandwich **12.00**

Ham hock, mustard mayo, salad leaves on white bloomer bread. With crisps & homemade coleslaw

Sardines on Toast **12.00**

With a tomato & red pepper sauce, pickled onions on sourdough

Smoked Haddock Fishcake **12.00**

Smoked haddock, lemon & dill fishcake, tartare sauce, salad leaves

⚠ Food Allergies & Intolerances

Please inform a member of our team of any allergies before placing your order.

While we take every precaution to prevent cross-contamination, our kitchen handles nuts, gluten, and dairy. A full list of allergens for every dish is available upon request.

V Vegetarian | VG Vegan | VGO Vegan option available
GF Gluten-Free | GFO Gluten-Free option available
Gluten-Free bread available

Mains

Seasonal Salad VG GF **15.00**

Medley of roasted autumn vegetables with goats' cheese, kale & walnut pesto, rocket & spiced pumpkin seeds

Ham, Egg & Chips GF **15.00**

Mersea Barns ham, 2 eggs & triple-cooked chips

Scampi & Chips **16.00**

Mersea Barns chips, garden peas & tartare sauce

Barns Vegetable Curry VG GFO **15.00**

Mild Tandoori style vegetable curry, with rice & naan
Add Chicken | £2.50

Sausage & Mash **15.00**

Three butcher's sausages, mash, tenderstem broccoli, hispi cabbage & kale, onion gravy

Pan-fried Seabass, Kombu Dashi Broth **18.00**

Seabass fillet, roasted potatoes, kombu dashi broth, pickled samphire & crispy kale

Pork Belly Bites **18.00**

Roasted pork belly, sticky rice, charred corn & tenderstem broccoli

Chicken, Brie & Cranberry Burger **18.00**

Served in a brioche bun with chips and homemade coleslaw

Sides & Extras

Triple-Cooked Chips & Garlic Mayo V **4.50**

Sweet Potato Fries & Chilli Mayo V **4.50**

Side Salad V **4.50**

Coleslaw V **3.50**

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