

MERSEA BARNs

Lunch Menu

12 pm – 3.30pm

Brunch

Barns Breakfast 14.50

Butcher's sausage, 2 rashers of bacon, 2 eggs, hash brown, mushrooms, tomatoes, baked beans, toast
Add black pudding | £1.50

Vegetarian Breakfast v, vgo 14.50

Mersea Barns bubble & squeak, 2 eggs, hash brown, mushrooms, tomatoes, baked beans, avocado, toast

Mushrooms on Toast v, vgo 12.00

Mushrooms in garlic butter, toasted sourdough, fried egg & crispy onion

Shakshuka v, vgo 12.00

Eggs poached in a spiced tomato & pepper sauce, spinach & onions. Served with toast
Add chorizo | £2 Add halloumi | £2.50

Small Plates & Salads

Whitebait 7.50

Breaded whitebait, tartare sauce, salad garnish, granary bread & butter

Soup of the Day v 7.50

Served with bread

Pear, Blue Cheese & Walnut Salad v, vgo 14.00

Red wine poached pear, crumbled stilton, walnuts, red wine syrup
Add chicken | £2.50

Lentil Dhal v 12.00

Green lentil dhal, coconut milk, flat bread
Add chicken | £2.50

Toasties

On bloomer bread with side salad

Chicken, Chorizo, Mozzarella & Rocket Pesto 14.00

Greens & Blue Cheese v 14.00

Mains

Seabass & Roasted Vegetables 18.00

Roasted root vegetables, mint and cream sauce and crispy greens.

Ham, Egg & Chips 15.00

Mersea Barns ham, 2 eggs & triple-cooked chips

Fish & Chips 16.00

Battered fish of the day, Mersea Barns chips, mushy or garden peas

Pork Belly with Sage & Apple Mash 16.00

With cider mustard sauce, kale, savoy cabbage

Butternut Squash Moqueca v 15.00

Brazilian spiced butternut squash stew, coconut milk, rice, dairy free naan

Specials

Please ask for today's specials board.

Sides & Extras

Triple-Cooked Chips & Garlic Mayo v 4.50

Sweet Potato Fries & Chilli Mayo v 4.50

Side Salad v 4.50

Chorizo 2.00

Chicken 2.50

Halloumi 2.50

V Vegetarian | VG Vegan | VGO Vegan option available
Gluten-Free bread available

Some of our dishes can be adapted to suit a plant-based diet. Please speak with your server for recommendations.

⚠ Food Allergies & Intolerances

Please inform a member of our team of any allergies before placing your order.

While we take every precaution to prevent cross-contamination, our kitchen handles nuts, gluten, and dairy. A full list of allergens for every dish is available upon request.

Wi-Fi: MB-Guest Password: mbguest3384